

JUNIORS: AGES 3 ½ - 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Junior Cubs All Ranks	I N D O O R						
	2:30-3:00		2:30-3:00 + 5:00-5:30		5:00-5:30	1:00-1:30	10:00-10:30
	O U T D O O R						
						9:15-9:45	10:30-11:00
	O N L I N E						
		4:15-4:45				11:30-12:00	

YOUTH: AGES 7 - 12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
White Belt Kids	I N D O O R						
		6:00-6:45	5:45-6:30	5:00-5:45	5:45-6:30	12:00-12:45	
	O U T D O O R						
						11:00-11:45	12:15-1:00
	O N L I N E						
		3:15-4:00	5:15-6:00			12:15-1:00	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginners Yellow & Orange Belts	I N D O O R						
		6:00-6:45	5:45-6:30	6:00-6:45	5:45-6:30		11:45-12:30 + Stripe Makeup Class 9:15-9:45
	O U T D O O R						
						11:00-11:45	12:15-1:00
	O N L I N E						
	5:15-6:00	3:15-4:00	5:15-6:00			12:15-1:00	

YOUTH: AGES 7 - 12 (cont.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Intermediate Purple & Blue Belts	I N D O O R						
			6:45-7:30	3:00-3:45	4:00-4:45		Stripe Makeup Class 9:15-9:45
	O U T D O O R						
						12:00-12:45	11:15-12:00
	O N L I N E						
	4:15-5:00	5:00-5:45	4:15-5:00			10:30-11:15	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Advanced Green – BB Candidate	I N D O O R						
			6:45-7:30	4:00-4:45	4:00-4:45	BB Prep Class (Adv. Brown & up) 8:30-9:20a	10:45-11:30 + Stripe Makeup Class 9:15-9:45
	O U T D O O R						
						10:00-10:45	11:15-12:00
	O N L I N E						
	3:15-4:00	5:00-5:45	3:15-4:00			10:30-11:15	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Black Belts 1 st Degree & Up	I N D O O R						
		7:00-7:45		4:00-4:45	6:45-7:30		
	O U T D O O R						
						10:00-10:45	
	O N L I N E						
		5:00-5:45					

TEENS & ADULTS: AGES 13 & UP

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
White Belts	I N D O O R						
		7:00-7:45		7:00-7:45		9:30-10:15	
	O U T D O O R						
							9:30-10:15
	O N L I N E						
			6:15-7:00				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beg – Adv Levels Yellow – BB Candidate	I N D O O R						
		7:00-7:45		7:00-7:45	6:45-7:30	9:30-10:20 + BB Prep Class (Adv. Brown & up) 8:30-9:20a	
	O U T D O O R						
							9:30-10:15
	O N L I N E						
			6:15-7:00				9:30-10:15

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Black Belts 1 st Degree & Up	I N D O O R						
		7:00-7:45		4:00-4:45	6:45-7:30		
	O U T D O O R						
						10:00-10:45	
	O N L I N E						
		5:00-5:45					